

**GRADUATE DIPLOMA IN MENTAL HEALTH (GDMH) - COHORT 14
PROGRAMME SCHEDULE 2024-2025**

COURSE	PERIOD	CONTENT	DATE	TIME	VENUE
Orientation			14/09/23	1.45pm - 2.30pm	IMH Education Hub
COURSE 1: PSYCHOSIS	14/09/24 TO 31/10/24	Lecture 1. * Psychopathology & Interviewing a patient with Psychosis	14/09/24	2.30pm - 5.30pm	IMH Education Hub
		Lecture 2. Schizophrenia	21/09/24	2.00pm - 5.00pm	IMH Education Hub
		Lecture 3. * Other Psychotic disorders	28/09/24	2.00pm - 5.00pm	IMH Education Hub
		Lecture 4. * Treatment & Management of Psychotic Disorder in Primary Care	05/10/24	2.00pm - 5.00pm	IMH Education Hub
		Lecture 5. * Concept of Early Intervention	12/10/24	2.00pm - 5.00pm	IMH Education Hub
		Course Examination	02/11/24	2.00pm - 2.30pm	IMH Education Hub
COURSE 2: MOOD, ANXIETY & GRIEF	02/11/24 TO 31/12/24	Lecture 1. Approach to Depression	02/11/24	2.30pm - 4.00pm	IMH Education Hub
		Lecture 2. * Living and Being Well		4.30pm - 6.30pm	
		Lecture 3. * Approach to Anxiety	09/11/24	2.00pm - 4.30pm	IMH Education Hub
		Lecture 4. * Grief and Bereavement	16/11/24	2.00pm - 4.00pm	IMH Education Hub
		Lecture 5. Bipolar Disorder		4.30pm - 6.00pm	
		Course Examination	04/01/25	2.00pm - 2.30pm	IMH Education Hub
COURSE 3: ADDICTION	04/01/25 TO 28/02/25	Lecture 1. * I. Benzodiazepine abuse & dependence II. Medical Complications & Psychiatric Co-morbidity	04/01/25	2.30pm - 5.30pm	IMH Education Hub
		Lecture 2. * Substance abuse & dependence	11/01/25	2.00pm - 4.30pm	IMH Education Hub
		Lecture 3. * Alcohol abuse & dependence	18/01/25	2.00pm - 5.00pm	IMH Education Hub
		Lecture 4. * I. Pathological Gambling & Behavior Addictions II. 12 Step Groups & Other Therapeutic Strategies	25/01/25	2.00pm - 4.00pm	IMH Education Hub
				4.30pm - 5.30pm	
Course Examination	01/03/25	2.00pm - 2.30pm	IMH Education Hub		
COURSE 4: CHILD & ADOLESCENT MENTAL HEALTH INCLUDING LEARNING DISABILITIES	01/03/25 TO 30/04/25	Lecture 1. Introduction and behaviour problems in children	01/03/25	2.30pm - 4.00pm	IMH Education Hub
		Lecture 2. Neurodevelopmental disorders		4.30pm - 5.30pm	
		Lecture 3. Attention Deficit Hyperactive Disorder		5.30pm - 6.30pm	
		Lecture 4. Emotional disorders	08/03/25	2.00pm - 4.00pm	IMH Education Hub
		Lecture 5. * Psychosocial Interventions in children and adolescents		4.30pm - 6.30pm	
		* Case Studies and Discussions workshop	15/03/25	2.00pm - 6.00pm	IMH Education Hub
		Course Examination	03/05/25	2.00pm - 2.30pm	IMH Education Hub
COURSE 5: PSYCHOGERIATRIC	03/05/25 TO 30/06/25	Lecture 1. * Anxiety Disorders, Sleep Disorders and Somatization in the Elderly	03/05/25	2.30pm - 5.30pm	IMH Education Hub
		Lecture 2. * Depression, Suicide and Risk Assessment	10/05/25	2.00pm - 4.00pm	IMH Education Hub
		Lecture 3. * Psychotic Disorders in the Elderly		4.30pm - 6.30pm	
		Lecture 4. * Mental Capacity Assessment	17/05/25	2.00pm - 4.00pm	IMH Education Hub
		Lecture 5. Mild Cognitive Impairment & Dementia		4.30pm - 6.30pm	
		Course Examination	05/07/25	2.00pm - 2.30pm	IMH Education Hub
COURSE 6: PERSONALITY DISORDERS & PSYCHOLOGICAL THERAPIES	05/07/25 TO 29/08/25	Lecture 1. * Managing Borderline and Antisocial Personality Disorders in General Practice	05/07/25	2.30pm - 5.30pm	IMH Education Hub
		Lecture 2. * Psychological Treatment for Addictive Disorders	12/07/25	2.00pm - 5.00pm	IMH Education Hub
		Lecture 3. * Cognitive Behavioral Therapy	19/07/25	2.00pm - 4.00pm	IMH Education Hub
		Course Examination	06/09/25	2.00pm - 2.30pm	IMH Education Hub
Final Examination			25/10/25	2.00pm - 4.00pm	NUS

* There will case discussion assessment incorporated in the lecture. Case discussion assessment is a requisite to the course examination.

Note: Students have to achieve 75% lecture attendance for all courses to be eligible for the course examinations.